

PAGE PATRIOTS INVITATIONAL

Fred J. Page High School · Franklin, TN · Saturday, March 28th

This meet is capped at 25 teams to ensure an efficiently run event. First 25 teams to register will be accepted.

Dear Fellow Coaches,

We are honored to welcome you to Page High School for our Home Invitational on Saturday, March 28th. Over the past three years, we have invested meaningfully in this meet — new hurdles, upgraded shot and discus areas, brand-new pole vault mats and standards, dedicated timing software, and live ResultsTV display on the jumbotron. None of this happens without the generosity of our families and community, and we are proud of what we have built together.

Our goal is simple: every athlete and coach leaves Page feeling they competed at a first-class event. Your feedback helps us get there — please share it freely.

HEAT SHEETS & FIELD EVENTS

Heat sheets and field event information will be distributed two days before the meet. No changes can be made once published. Hard copies will also be available in your packet at the Coaches Corner tent.

ENTRY PAYMENT

- \$150 for both Boys and Girls (combined)
- \$75 per gender team (single-gender entry)

Make checks payable to: Page Athletic Booster Club

Memo line: Track and Field

Mail checks to:

Page Track & Field · PO Box 114 · Arrington, TN 37014

Checks may also be brought to the meet if needed. You may also pay online through [Givebutter HERE](#). The Signed W9 can be found on Milesplit.

GATE ADMISSION & WRISTBANDS

General admission is \$8.00 for all school-aged children and adults. All spectators and coaches will receive a wristband providing access to both the track and shot/discus areas.

Payment options:

- GoFan (recommended — skip the line): [Purchase tickets in advance](#) — \$8 + \$1 processing fee
- Cash at the gate: \$10 (no GoFan). Please share the GoFan link with your families in advance to reduce entry wait times.

Two admission points are in operation:

- MAIN Entrance (Southeast Corner) — Primary entry for all coaches, teams, and visitors. Handicap accessible. Main concessions located here between the gate and main bleachers. Cash/card accepted. Restrooms also located nearest this entrance.

- Shot/Discus Gate (North Side) — Access to shot/discus fields only. No track entry here. Additional light refreshments available for purchase. A blanket or chair is recommended if stationing at this area — there is a grassy hill with views of both fields.

IMPORTANT: The north gate at the stairs and ramp is closed. Please notify your families to park and enter at the MAIN entrance on the southeast corner — it is marked with red stars on the map.

BUSES, DROP-OFF & PARKING

- All running, HJ, LJ, and PV athletes enter at the MAIN southeast entrance.
- Shot and discus athletes may be dropped off at the north gate entrance to those fields only.
- Pole vault athletes: Enter at the MAIN south entrance and proceed directly to the back of the school — the pole vault pit is located at the south end of the track. Do not carry poles through spectator areas.
- Buses must park in the front circle of the main campus building. Please reference the attached map.

Please ask all teams to gather their trash at the conclusion of the meet and leave the space as they found it. Thank you. A trash bag will be provided to each coach in their coaches bag.

TENTS, TRACK & INFIELD RULES

- Spectators and non-warming athletes must stay off the infield at all times. Water only on the infield — no food.
- Athletes will be asked to stay in lanes immediately following their race so times can be recorded, then will be escorted off the track.
- Only athletes and coaches with designated wristbands are permitted on the infield.
- No pets permitted anywhere inside the fenced/gated areas (service animals with designated tags excepted — must be on leash at all times).
- Tents are not allowed inside the track, on the infield, or in the home bleachers.

Approved team tent locations:

- Visitor side bleachers
- Grass area near concessions
- Grass area on the opposite side of concessions
- Concrete path behind home bleachers

Covered picnic table areas are reserved for visiting spectators to eat. Teams may not set up in these areas. No tents on service road behind the concessions. Thank you for your understanding.

AWARDS & PHOTO WALL

- Individual events: Medals for 1st, 2nd, and 3rd place.
- Relay events: Medals for 1st place; ribbons for 2nd and 3rd.
- Medal pickup table located outside the track, near the bleachers and finish line — after each event.

We have a 1/2/3 podium set up in a dedicated photo area — blue painted backdrop, turf ground. Please bring your athletes over for photos. We strongly encourage it!

COACHES CORNER — VIP TENT

We have reserved an exclusive Coaches Corner tent on the infield, adjacent to athlete check-in and blocked off for coaches only. No athletes or parents — this space is yours.

- Morning: Complimentary coffee and pastries
- Afternoon: Sandwiches, chips, and fruit
- The head coach from each school will receive a welcome gift upon arrival

ACTION REQUIRED: Please email your coaches' names to PageTrackandField@gmail.com by Monday March 23rd so we have enough on hand for everyone. Only coaches submitted in advance will receive VIP perks.

You make this season possible for every athlete on the track. We want you to feel it.

COACH OFFICIATING ASSIGNMENTS

Parents and volunteers are stationed at jumps, throws, and pole vault. We ask one coach per school to assist with officiating at the event assigned below. Thank you in advance.

EVENT	ASSIGNED SCHOOL(S)
Long Jump / Triple Jump	Battle Ground / Fairview / Centennial / Sovereign Grace / East Hickman / John Overton (Rotate in shifts as needed-please discuss at Coaches Meeting)
High Jump	Brentwood / Beech Senior HS / MCGAVOCK / Trinity Christian / Ravenwood (rotate in shifts as needed-Please discuss at Coaches Meeting)
Pole Vault	Page / Franklin / Summit
Discus	Page / KIPP / Valor / Eastern
Shot Put	Lawrence County / Columbia Central / Green Hill / Independence
Exchange Zones	Green Hill / Battle Creek / Columbia Academy / Liberty Creek / Waverly Central

MEET SCHEDULE

Athlete check-in opens at 7:30 AM. Field events begin at 8:00 AM. Running events begin at 9:00 AM with the exception of the 3200 which will begin between 8:00-8:15am. Final schedule released no later than 2 days before meet.

Field Events — 8:00 AM Start | Athlete Check-In: 7:30 AM

ROTATION	EVENTS
Rotation 1	Girls Shot · Boys Discus · Boys High Jump · Girls Long Jump · Boys Triple Jump · Girls Vault

ROTATION	EVENTS
Rotation 2	Boys Shot · Girls Discus · Girls High Jump · Boys Long Jump · Girls Triple Jump · Boys Vault

8:00–8:15 AM — Combined 3200m (Boys & Girls). If total entries exceed 80, Girls run at start of meet; Boys run at end. Final schedule released Monday, March 23rd.

Running Events — 9:00 AM Rolling Start

TIME / ORDER	GENDER	EVENT
9:00 AM	—	National Anthem — Brief Senior Recognitions to follow
Rolling	MIXED	4x400 Relay (Legs 1 & 3: Girls · Legs 2 & 4: Boys)
—	GIRLS	4x800m Relay
—	BOYS	4x800m Relay
—	GIRLS	100m Hurdles
—	BOYS	110m Hurdles
—	GIRLS	100m
—	BOYS	100m
—	GIRLS	4x200m Relay
—	BOYS	4x200m Relay
—	GIRLS	1600m Run
—	BOYS	1600m Run
—	GIRLS	4x100m Relay
—	BOYS	4x100m Relay
—	GIRLS	400m
—	BOYS	400m
15-min break	—	300m Hurdle Setup · Coaches lunch at Coaches Corner
—	GIRLS	300m Hurdles
—	BOYS	300m Hurdles
—	GIRLS	800m
—	BOYS	800m
—	GIRLS	200m
—	BOYS	200m
—	GIRLS	4x400m Relay
—	BOYS	4x400m Relay

We look forward to a great day of competition. See you on the 28th!

— The Page High School Track & Field Staff

Fred J. Page High School · 6281 Arno Rd · Franklin, TN

PageTrackandField@gmail.com